

How to Antidox Yourself

- Be sure to Google yourself from a Private Tab and search your name on [DuckDuckGo](#) to identify other high priority targets.
 - Check each broker to see if you're listed before spending time on it
 - If there's a listing with inaccurate info, consider leaving misleading information.
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High Priority

- **Spokeo**: Find and remove your information here: <https://www.spokeo.com/optout> (**High priority**)
- **BeenVerified**: Find your information here: <https://www.beenverified.com/>
Opt out here: <https://www.beenverified.com/f/optout/search> (**High-priority**)
- **InstantCheckmate**: Find and remove your information here: <https://www.instantcheckmate.com/opt-out/> (**High priority**)
- **MyLife**: Find your information here: <https://www.mylife.com>. TO BE REMOVED, FOLLOW THE INFORMATION HERE: <https://joindeleteme.com/blog/how-to-remove-yourself-from-mylife/>
- **FamilyTreeNow**: Search for yourself and remove your information here: <https://www.familytreenow.com/optout>
- **Intelius**: Find your information here: <https://www.intelius.com>.
Opt out by sending your driver's license and other information in using the form here: [intelius](#) You can also mail or fax your ID in, if preferred, to (425) 974-6194. (Intelius owns Classmates, DateCheck, iSearch, LookUpAnyone, Peopleconnect.us, PeopleLookup, Phonesbook, Publicrecords, Spock, USSearch, Zabasearch). (**High priority, requires drivers license**)
- **PeekYou**: Find your information here: <https://www.peakyou.com/>.
opt out here: <https://www.peakyou.com/about/contact/optout>. You will need the letters at the end of your profile's URL in the "unique ID" field. Make sure to check "remove my entire listing." You can also remove your information from the sites that it says it has aggregated information from. (**High priority**)
- **PublicRecords**: owned by Intelius. Find your information here: <https://www.publicrecords.com/>. To opt out, you need to mail or fax your driver's license or state-issued ID card along with your full name, address, and date of birth to the

address and fax number listed under “How to Remove your Information from PublicRecords.com Public Records Databases” on <https://www.publicrecords.com/privacy>. **(High priority, must use snail mail or fax)**

- **PublicRecords360:** Find your information and opt out here: </blog/how-to-remove-yourself-from-publicrecords360/https://www.publicrecords360.com/optout.html> **(High priority)**
- **White Pages**
You will need to enter an opt-out code when you receive a phone call. Opt-out information is available here: <https://support.whitepages.com/hc/en-us/articles/115010106908-How-do-I-edit-or-remove-a-personal-listing->. You can also send a request here <https://support.whitepages.com/hc/en-us/requests/new> and here: Sometimes, information is removed from White Pages but not White Pages Premium, so make sure to double-check for your listing.
- **ZabaSearch:** Find your information here: <http://zabasearch.com>. Get information on opting out at her: <https://www.komando.com/security-privacy/opt-out-tuesday-zabasearch/841507/>
- You will need to fax proof of your identity and your address. If you're using a driver's license, cross out the photo and driver's license number. Fax it to 425-974-6194. It can take 4-6 weeks to process. **(High priority, requires driver's license, must fax)**

The Rest

- **Acxiom:** It is hard to know which information Acxiom has without paying a fee, but you can opt out here: <https://isapps.acxiom.com/optout/optout.aspx>**Addresses:** Find your information here: <http://www.addresses.com/white-pages>
- Opt out here: <http://www.addresses.com/optout.php>
- **AddressSearch:** Look up your address here: <http://www.addresssearch.com/>
- Opt out here: <http://www.addresssearch.com/remove-info.php>
- **AnyWho:** Find your information here: <https://www.anywho.com/people/>
- Opt out here: [anyWho](http://www.anywho.com/optout)
- **Archives:** To find your information, you must sign up for a free trial here: <https://joindeleteme.com/blog/how-to-remove-yourself-from-archives-dot-com/>

- **Classmates.com:** Opt out or control information that's posted here: <https://help.classmates.com/hc/en-us>, owned by Intelius.
- **DOBSearch:** Find your information here: <https://www.dobsearch.com/people-finder/> Then hit "manage my records" and opt out. You will need to supply your number and email address and provide text or email confirmation.**InfoTracer:** Find your information here:<https://brandyourself.com/blog/privacy/infotracer-opt-out>
- **Nuumber:** Find your information here: <https://nuumber.com/>. Enter the URL of the profile page you found and your email address here: <https://nuumber.com/removal/link>.
- **PeopleByName:** Type your phone number here: <http://www.peoplebyname.com/>. It may not give you information without you paying, but you can still try to opt out at <http://www.peoplebyname.com/re...>
- **PeopleFinder:**<https://brandyourself.com/blog/privacy/peoplebyname-opt-out/>
- **PeopleLookUp:** Find your information here: <https://peoplelookup.com/>, follow opt-out instructions here: <https://peoplelookup.com/privacy-policy#updating-or-removing-your-information> **(Requires driver's license and fax machine or snail mail)**
- **PeopleSearchNow:** Find your information and opt out here: <https://www.peoplesearchnow.com/opt-out>
- **PeopleSmart:** Find and remove your information here: <https://www.peoplesmart.com/optout-go> (High priority)
- **PrivateEye:** Find your information here: <http://secure.privateeye.com/default.aspx>, though it's hard to tell if the results are complete. To opt out via mail, fill out and mail in the following form: <http://secure.privateeye.com/optout-form.pdf>. **(Must use snail mail)**
- **PublicRecordsNow:** Find your information here: <https://www.publicrecordsnow.com/> Send them a letter along with the records you found, the information you want removed (your full name, middle initial, any aliases, current and former addresses, date of birth, a letter requesting removal, and a copy of your ID. Ask them to remove you also from USA-People-Search, PrivateEye, Veromi, and PeopleFinders. Send the letter to Opt-Out/Public Records Now, PO Box 110850, Naples, FL 34108. **(Requires driver's license)**
- **Radaris:** Find your information here: <http://radaris.com>. Click on "control information" and then "manage information" and remove it by clicking on the X next to it or by removing specific listings. You may need to register to remove information. Details are here: <http://radaris.com/page/how-to-remove>
- **ReversePhone Lookup:** <https://www.reversephonelookup.com/remove.php>
- **SearchBug Premium Listings:** Find your information here: <https://www.searchbug.com/>. Preview premium records, circle the listings you want removed, and mail the request along with a letter with your name, address, and signature requesting that the listing be blocked, and a \$20 check. Instructions are here:

<https://www.searchbug.com/help.aspx?WHAT=people> (Site charges money for removal, must use snail mail)

- **That's Them:** Find your information here: <https://thatsthem.com/>, try to opt out here: <https://thatsthem.com/optout>.
- **TruthFinder:** Find and remove your information at <https://www.truthfinder.com/opt-out/>.
- **USA People Search:** Find and remove your information at <https://www.usa-people-search.com/manage/default.aspx>